



Wild & Immersive - Wilderness Skills

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning		Breakfast				Campout Breakfast
		Wilderness First Aid Course: Introduction	Wilderness First Aid Course: Injury Care	Wilderness First Aid Course: Emergency Transportation	Trip Planning for Hike	Hike
Afternoon	Shuttles Depart from UBC	Lunch			Packed Lunch	
		Wilderness First Aid Course: Emergency Response	Wilderness First Aid Course: Environmental Situations	Wilderness First Aid Course: Extended Care	Hike: Orienteering and navigation	
					Setup Camp	
Evening	Dinner				Campout Dinner	
	Team Building Games and Icebreakers	Canoeing	Wildlife Tracking Workshop	Shelter Building and Plant ID Workshop	Group Activity	

* subject to change