

UBC RECREATION CAMPS

POPULAR PAIRINGS Summer 2017

Beginner Badminton

Beginner Badminton covers fundamental badminton hitting skills including: serves, overhead clear and drop shot, underhand forehand and backhand, net shots, and basic instruction in footwork. This camp also focuses on developing balance and coordination appropriate to each individual's age and skill level. Participants will be introduced to the rules of game play along with the scoring format. Birds and racquets will be supplied if needed.

Program Area	Badminton
Camp Name	Beginner Badminton
Week	Ages 7-12
Jul 4 - Jul 7	
Jul 10 - Jul 14	
Jul 17 - Jul 21	
Jul 24 - Jul 28	
July 31 - Aug 4	19367
Aug 8 - Aug 11	19370
Aug 14 - Aug 18	
Aug 21 - Aug 25	
Aug 28 - Sep 1	

LUNCH SUPERVISION	
Week	Ages 5-16
Jul 4 - Jul 7	19508
Jul 10 - Jul 14	19509
Jul 17 - Jul 21	19510
Jul 24 - Jul 28	19511
July 31 - Aug 4	19512
Aug 8 - Aug 11	19513
Aug 14 - Aug 18	19514
Aug 21 - Aug 25	19515
Aug 28 - Sep 1	19516

Swim N' Splash

The Swim N' Splash camp at the NEW UBC Aquatic Centre provides campers with the opportunity to have fun in the pool, while emphasizing safety and promoting an active lifestyle! Included is a Red Cross Swim @ Camp lesson (30-45 minutes, depending on your child's swimming abilities) which provides an opportunity for swimmers to improve their aquatic skills, strokes, and fitness. Campers will be given free time to participate in water games and activities in the pool.

Program Area	Aquatics
Camp Name	Swim N' Splash
Week	Ages 5-12
Jul 4 - Jul 7	20474
Jul 10 - Jul 14	20475
Jul 17 - Jul 21	20476
Jul 24 - Jul 28	20477
July 31 - Aug 4	20478
Aug 8 - Aug 11	20479
Aug 14 - Aug 18	20480
Aug 21 - Aug 25	20481
Aug 28 - Sep 1	20482