



# UBC Camps: Overnight Enrichment Camp

UBC Camps and the UBC Faculty of Education have created a camp that gives youth aged 12-15 a unique educational outdoor learning experience that offers campers social, emotional, cognitive, and physical engagement in outdoor settings that no traditional classroom ever could. Camp takes place in an environment where hands-on learning allows participants to absorb learning through situated lessons and apply it to everyday life.

## GENERAL INFORMATION

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### **Accommodation**

All accommodation is located on the Cheakamus Centre located just North of Squamish, BC. There will be gender specific sections to the floors, and for added privacy/safety there will be gender specific bathroom facilities. All participants will have a roommate during their week at camp. Access to phones and internet will be greatly limited while at camp, but campers will have the occasional opportunity to connect with parents/guardians. Live-in staff will be present at all times, for additional safety and security.

### **Meals**

Breakfast, lunch and dinner will be provided for each full day at camp. Meals are provided by the Cheakamus Centre. All meals are prepared with proper nutrition as a priority. Participants with food allergies must provide clear details of the allergy on the medical portion of this form. UBC Camps does *not* guarantee a 'nut free' menu.

### **Staffing**

Live-In Staff are hired, trained, and supervised by UBC Camps. Staff is selected based on their certifications, experience, knowledge, enthusiasm and patience. It is not only important that our staff members have a passion for creating the best experience possible for our participants, they must also pass on their love and appreciation for each activity we plan for our Overnight Enrichment Camp.

We understand the needs of our campers and we work hard to ensure that every participant has a beneficial, safe and enjoyable experience at our camp. All staff are required to undergo a criminal record check and basic first aid training. An instructor certified in first aid will accompany the group 24 hours per day.

### **Medical Emergencies**

In the case of an emergency, Squamish General Hospital is located 17km from the Cheakamus Centre. For non-emergent medical treatment transportation to the Squamish General Hospital will be arranged, along with supervision of any participant by a staff member.

### **Code of Conduct**

UBC Camps participants are expected to be respectful and considerate towards other participants, UBC Camps staff, and Cheakamus Centre staff. Participants are expected and required to follow the directions of all instructors. Clear guidelines will be provided and if participants are unsure or need further clarification, they should talk with an instructor. If there is a breach of the code of conduct, instructors will discuss the issue with the participant(s) and/or their parents. In the event that there is a continuous breach of the rules and guidelines laid out by the instructors, arrangements may be made to send participants home at the expense of the participant and parent/guardian. If a participant jeopardizes the safety of the instructors, other participants, or themselves, then arrangements will be made to send the student home at the expense of the participant and parent/guardian. At minimum, arrangements will be made to send participants home if they are found to be in breach of Canadian federal, provincial and local government laws. This includes, but is not limited to, consumption of alcohol if under 19 years of age, possession of illicit drugs, and possession of illegal weapons.

## SCHEDULE

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	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Breakfast				
	Travel to Cheakamus Centre	Outdoor Education Lessons (Service Learning)	Outdoor Education Lessons (Task Identification)	Outdoor Education Lessons (Development and Implementation)	Outdoor Education Lessons (Wrap Up)
	Lunch				
Early Afternoon	Guided Forest Walk	Canoeing	Hiking	Games / Activities	Pack & Travel back to UBC Camps HQ
Late Afternoon	Ropes Challenge Course	Leadership Activity		Lead an Activity	
	Dinner				
Evening	Introductory Campfire	Cultural Program	Movie Night	Final Campfire (Skits, Songs, Etc)	

\*subject to change in the event of inclement weather; alternative activities could include additional time to work on projects, art/craft projects, or other small-sided games that can take place within common lounges/space.

## ACTIVITIES

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UBC Camps participants will spend time participating in a number of unique recreational and cultural experiences. These activities will allow them to practice the skills they have learned in the classroom and immerse themselves in leadership opportunities. We do our best to provide activities that are fun, rewarding, and above all, safe. We give careful consideration to group sizes, staff to student ratios, instructor qualifications, the types of activities undertaken, equipment used and sites selected.

There is, however, always some risk involved in all activities, even when they are safely managed. Inherent risks depend on the specific activity and include a host of factors ranging from truly accidental and environmental (weather, terrain, animals, etc.) to human actions and inactions. It is important that parents and guardians understand the types of activities their child will be participating in. If you have any questions about the activities we offer, please do not hesitate to contact us for clarification. You do have a choice and it is acceptable for you not to offer consent for any or all of these activities. In addition, if we believe that a child cannot safely participate in an activity, we may prevent them from participating in that activity at our sole discretion.

For the following activities, which may pose a higher risk, we require your specific consent before we will allow your child to participate. Please read the descriptions below, and initial beside each description in order to consent to your child's participation.

**By placing your initials next to an activity you give permission for your child to participate in that activity, and acknowledge that the activity has risks that could result in losses that involve physical injury, death, emotional trauma, or financial cost. You also acknowledge that you have sufficiently informed yourself about the nature of the activity and the associated risks.**

**CANOEING:** Canoeing will take place in a pond located directly at the Cheakamus Centre. Life jackets are worn at all times and qualified instructors will lead the session, covering requirement for safe participation.

**PARENT/GUARDIAN INITIALS:** \_\_\_\_\_

**ROPES COURSE:** Helmets and harnesses will be provided for all high ropes activities. All activities will be under the supervision and guidance of trained facilitators and will include safety briefings.

**PARENT/GUARDIAN INITIALS:** \_\_\_\_\_

**HIKING:** Various hikes throughout the Cheakamus Centre area (approximate 10km radius) are scheduled during camp. Participants will also be under the supervision of staff, and are required to bring appropriate footwear and clothing.

**PARENT/GUARDIAN INITIALS:** \_\_\_\_\_

## ***MEDICAL INFORMATION***

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**If there is any medical information that UBC Camps should be aware of to safely care for your child, please provide that information below. You should include detailed information about any allergies the participant has, and a list of any prescription and non-prescription medication the participant may require during the camp. It is the parent/guardian's responsibility to send all required medications in adequate amounts to camp with the participant. Please also include details regarding any physical, cognitive or behavioral exceptionalities.**

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## ***EMERGENCY INFORMATION***

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<b>Contact Information</b>	
Participant Cell Phone Number:	
Parent / Guardian Home Phone Number:	
Parent / Guardian Work Phone Number:	
Parent / Guardian Cell Phone Number:	
<b>Medical Information (BC Residents)</b>	
BC Care Card Number	
Family Doctor	
Family Doctor Phone Number	
Family Doctor Emergency Number	
<b>Medication Information (Out of Province)</b>	
Medical Number	* note: proof of medical insurance is require before the start of camp
Province / State	
Travel Insurance Provider	

## ACKNOWLEDGEMENTS, ASSUMPTION OF RISK, AND CONSENT

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**I have reviewed the description of the UBC Camps Outdoor Overnight Enrichment Camp, including the sports and cultural activities provided as part of the program, and feel that I have sufficiently informed myself about the nature of the program and the activities provided as part of the program. I acknowledge that there is some risk of injury involved in my child's participation in the program, including his/her participation in the sports and cultural activities offered by the program, and I acknowledge and accept these risks.**

I acknowledge and agree that UBC Camps will be supervising my child from the time they arrive at UBC until the time they leave campus at the end of the camp.

I acknowledge that there are certain additional risks, dangers, and hazards involved with on water activities, which may include (but not limited to): weather extremes, including sudden and extreme changes; dangerous water conditions, including cold water and movement, waves, currents, rapids and white water; collision with natural and man-made objects, including rocks and other boats; and equipment malfunction or failure.

My child and I have read and understand the Code of Conduct set out in this Consent Form, and by signing below, my child and I agree that he/she will follow these codes of conduct while attending the camp. I understand that these codes of conduct are for the safety of my child and all children attending the camp. I understand that if my child fails to comply with the terms and conditions of these codes of conduct, he/she may be sent home at my expense, and without monetary reimbursement.

I give permission for any staff member of the camp to administer first aid treatment to my child, and I acknowledge and agree that I will be responsible for any medical or other charges in connection with his/her treatment.

I agree to pay for any loss, damage or injury to the person or property of others that my child may cause while participating in UBC Camps, regardless of the cause. This includes damage to the Cheakamus Centre where my child will be staying.

I agree to allow the UBC Camps to take photos and/or videos of my child and to reproduce the likeness of my child for use in promotional materials, including brochures, websites, and newspaper ads.

**I hereby consent to my child's participation in the camp on the terms and conditions contained in this Consent Form by signing below:**

Name of Participant	Signature of Participant	Date
Name of Parent/Guardian	Signature of Parent/Guardian	Date